



PSHE CURRICULUM OVERVIEW



CURRICULUM PLAN OF MODULES FOR PSHE, CITIZENSHIP AND CAREERS

Highlighting embedded themes of SMSC, Community Cohesion, SEAL and Healthy Lifestyles

Year Group	Topic	Curriculum Area	Emphasis	SMSC Links	Community Cohesion	SEAL	Healthy Lifestyles
7	Induction	SEAL	<ul style="list-style-type: none"> Introduction to the five ESAL domains; self-awareness, empathy, social skills, managing feelings and motivation Assessment of primary school approaches and link to transition 'About me' tasks to build friendships and settle into secondary school life 	Social Moral	School	All areas	Emotional
	Shoe Box Appeal	PSHE	<ul style="list-style-type: none"> Developing understanding of different cultures Charitable work and practice being responsible global citizens Using empathy and understanding 	Cultural Spiritual	Global	Empathy	
	SEAL Module	SEAL	<ul style="list-style-type: none"> Development of SEAL skills through group and individual activities Link SEAL into Anti-bullying and building self-esteem 	Social Moral	School	All areas	Emotional
	Citizenship Project	Citizenship	<ul style="list-style-type: none"> Develops understanding of global responsibility Introduces students to the idea of human rights Continues to develop students' knowledge of current global issues Encourages obligation and responsibility to act for the benefit of those less fortunate than themselves Understand the role of charitable organisations such as UNICEF 	Cultural Spiritual	Global	Empathy	
	Healthy Lifestyles	PSHE	<ul style="list-style-type: none"> Develop understanding of how to be healthy Raise awareness of the risks of being unhealthy Activities to understand and promote healthy eating Discussion of hygiene and self esteem Reinforces positive choice making for a successful future 	Moral		Self awareness Managing feelings	Physical
	Careers and Enterprise Module	Careers/ Enterprise	<ul style="list-style-type: none"> Develop awareness of the range of careers available for everyone Assess ideas and aspirations about their own futures 	Social		Motivation	Economic
	The Environment	Citizenship	<ul style="list-style-type: none"> Encourage students to be responsible citizens of their school and their community Enables students to produce an action plan to make a positive impact Encourage students to think and care about the environment, their world and nature 	Moral	Local	Social skills	

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8	SEAL Module	SEAL	<ul style="list-style-type: none"> • Development of SEAL skills through group and individual activities • 	Social Moral	School	All areas	Emotional
	Playground and Enterprise Project	Careers/ Enterprise	<ul style="list-style-type: none"> • Collaboration in groups • Developing a financial plan and business model • Opportunity to be creative and imaginative • Enhance presentation skills • Development of numeracy skills • Development of economic success and future life aspirations (ECM agenda) 	Social	Local	Social skills	Economic
	Citizenship Project	Citizenship	<ul style="list-style-type: none"> • Independent learning project to develop community centre • Investigate the needs of citizens in the community for groups of people and individuals • Produce a plan and use reasoning skills to justify choices 	Cultural Social	Local	Empathy	
	Addictions Module	PSHE	<ul style="list-style-type: none"> • Raise awareness of risky behaviour • Understand ways to stay safe • Conquer misconceptions about peer pressure and reality • Develop reasoning skills for making informed decisions 	Moral		Self awareness Managing feelings	Physical
	Disability Module	PSHE	<ul style="list-style-type: none"> • Investigate diversity with independent research • Use empathy skills 	Social Moral		Empathy	
	Respect	PSHE	<ul style="list-style-type: none"> • Investigate diversity and different cultural backgrounds • Develop social skills and understanding of others • Celebrating diversity of race and culture and taking a stand against racism • Showing empathy 	Cultural Spiritual		Empathy Managing feelings	
	Careers Project	Careers/ Enterprise	<ul style="list-style-type: none"> • 	Social		Motivation	Economic

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9	Enterprise Project and Intro to Options	Careers/ Enterprise	<ul style="list-style-type: none"> • Collaboration in groups • Developing a financial plan and business model • Opportunity to be creative and imaginative • Enhance presentation skills • Development of numeracy skills • Development of economic success and future life aspirations (ECM agenda) • Develop awareness of the range of careers available for everyone • Assess ideas and aspirations about their own futures 	Social	Local	Social skills	Economic
	Sex and Relationships Module	PSHE	<ul style="list-style-type: none"> • Raise awareness of risky behaviour • Understand ways to stay safe • Conquer misconceptions about peer pressure and reality • Develop reasoning skills for making informed decisions 	Social Moral Cultural		Self awareness Managing feelings	Physical
	Citizenship Project	Citizenship	<p>OR</p> <ul style="list-style-type: none"> • Develops understanding of global responsibility • Introduces students to the idea of human rights • Continues to develop students' knowledge of current global issues • Encourages obligation and responsibility to act for the benefit of those less fortunate than themselves • Development of forming a reasoned argument • Assessment of the impact of a range of social factors • Understanding the serious nature of racism • Evaluating positive and negative impacts of a situation 	Moral Cultural	Global	Empathy Or Social skills Managing feelings	
	Options and Careers	Careers/ Enterprise	<ul style="list-style-type: none"> • 	Social		Motivation	Economic
	Refugee Activity Pack	PSHE	<ul style="list-style-type: none"> • Developing understanding of global issues and their impact of people's lives • Celebrating diversity of race and culture and taking a stand against racism • Showing empathy and understanding • Develop social skills through thinking about the needs of others 	Cultural Spiritual	Global	Empathy	
	Public Services Module	Citizenship	<p>Independent Learning Challenge</p> <ul style="list-style-type: none"> • Develop and understanding of careers in service • Respect the contribution made by those in public service to our society • Collaboration in groups • Enhance presentation skills 	Moral Social	National	Motivation	
	Democracy and Political Parties	Citizenship	<ul style="list-style-type: none"> • Investigate the democratic structure of this country • Understand the importance of voting in a democracy • Be come familiar with the election process and making informed decisions 	Moral Cultural	National	Self awareness	

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10	SEAL Module	SEAL	<ul style="list-style-type: none"> Development of SEAL skills through group and individual activities Emphasis on managing feelings and self-awareness to promote positive behaviour in lessons, school and life. 	Social Moral		All areas	Emotional
	Globalisation	Citizenship	<ul style="list-style-type: none"> Independent learning to develop understanding of how the internet is used to promote ideas globally Understand the global community of development and enterprise 	Cultural Social	Global		
	Baby Borrowers	PSHE	<ul style="list-style-type: none"> Develop understanding of responsibility and selflessness Link relationships, sex and consequences with family planning Conquer misconceptions about peer pressure and reality Develop reasoning skills for making informed decisions 	Social Moral		Self awareness Managing feelings	Emotional
	Personal Banking and Finances	PSHE	<ul style="list-style-type: none"> Understand how to manage finances successfully and avoid becoming in debt Development of numeracy skills Development of economic success and future life aspirations (ECM agenda) 			Self awareness Motivation	Economic
	My perfect holiday	PSHE	<p>Independent Learning Challenge</p> <ul style="list-style-type: none"> Promote understanding of cultural differences based on travel and tourism Determine the importance of tourism on the economy Use personal experience to expand insight into other cultures Development of numeracy skills Development of economic success and future life aspirations (ECM agenda) 	Cultural	Global	Self awareness Motivation	
	Justice and the Law	Citizenship	<ul style="list-style-type: none"> Discuss the idea of right and wrong Understand the legal terms and consequences Link to local magistrates and real life events Review justice and law in terms of morality 	Moral	National	Empathy Self awareness	
	Work Experience Module	Careers/ Enterprise	<ul style="list-style-type: none"> 	Social	Local	Motivation Social skills	Economic

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11	Preparation and Follow-up for Work Experience Applications for College	Careers/ Enterprise	•	Social	Local	Motivation Social skills	Economic
	Revision for Mocks/Study Skills	PSHE	<ul style="list-style-type: none"> Develop self-awareness of learning and revision styles Raise aspirations and motivate for success Development of a range of revision techniques in preparation for examinations Apply skills and knowledge through a range of activities to reinforce learning 			Self awareness Managing feelings	
	AA Roadworthy Booklet	Citizenship	<ul style="list-style-type: none"> Develop awareness of being a road user and respect and safety for other users. Use financial skills and numeracy to plan investments Develop understanding of real life costs and future implications Development of numeracy skills Development of economic success and future life aspirations (ECM agenda) 	Cultural	National	Motivation	Economic
	Perfect partners	PSHE	<ul style="list-style-type: none"> Assess the positive qualities desired in a partners Assess the negative qualities unwanted for a partner and what constitutes relationship abuse Develop ideas about healthy and prosperous relationships for the future 	Social Moral		Self awareness Managing feelings	Emotional
	Finance	PSHE	<ul style="list-style-type: none"> Development of numeracy skills Development of economic success and future life aspirations (ECM agenda) 			Motivation	Economic



PSHE DAY CURRICULUM OVERVIEW

CURRICULUM PLAN OF ENRICHMENT ACTIVITIES FOR PSHE, CITIZENSHIP AND CAREERS



Year Group	Topic	Curriculum Area	Emphasis	SMSC Links	Community Cohesion	SEAL	Healthy Lifestyles
7	Mission X – Train like an astronaut	PSHE	<ul style="list-style-type: none"> Combating global obesity by healthy eating and physical exercise 	Social Moral	Global	Self awareness Managing feelings	Physical
8	Walk in their shoes	Citizenship	<ul style="list-style-type: none"> Citizenship – trading trainers, disability classrooms, disability Olympics 	Cultural Spiritual Moral Social	Global Local	Empathy	Emotional
9	Know the risks	PSHE	<ul style="list-style-type: none"> Sex education, smoking, fire brigade 	Social Moral	Local	Self awareness Managing feelings	Physical
10	Moving on up	Careers/ Enterprise	<ul style="list-style-type: none"> Careers 	Social		Motivation Self awareness	Economic